



Shipham C of E First School

Inspiring Growth Through Nature and Community



PSHE

Intent, Implementation and Impact statement

Intent

At Shipham Church of England First School, our intent is to foster the personal, social, emotional and economic development of every child. We aim to help pupils develop a strong sense of self-worth, resilience, and emotional awareness, while understanding their place in the world and their role in contributing positively to society. By using the Jigsaw programme for weekly PSHE lessons, we provide children with a cohesive curriculum that promotes emotional literacy, mental health, and physical well-being.

Our PSHE curriculum is designed to align with our school mission to bring out the best in each child by valuing their individuality, and to develop curious, confident, and creative children into well-rounded, kind citizens who are able and willing to make a positive contribution to society.

Implementation

We implement the Jigsaw programme as a whole-school approach to PSHE, ensuring consistency and progression in learning from year to year. The programme is structured to emphasize emotional literacy, resilience, and mental and physical health, with mindfulness activities incorporated to help children develop emotional awareness, improve concentration, and focus. Each lesson is designed to engage pupils in a thoughtful exploration of themes such as relationships, personal goals, healthy living, and citizenship.

The Jigsaw lessons encourage reflective thinking and self-awareness, while also providing opportunities for students to learn about how they fit into the world around them. Through this structured approach, we ensure that every child has access to a high-quality PSHE education that supports their overall well-being.

Impact

As a result of implementing the Jigsaw programme, we expect our pupils to show growth in their emotional intelligence, resilience, and understanding of healthy relationships. They will develop a deeper sense of empathy and respect for others and will be better equipped to handle the challenges they face both inside and outside of school. Furthermore, our pupils will develop the skills needed to be thoughtful, responsible, and active members of society.

The impact of this curriculum is not only seen in the individual growth of our pupils but also in the positive atmosphere and supportive community that permeates our school. We will measure success through student reflections, observations of behaviour and interactions, and feedback from both pupils and parents. Through these efforts, we aim to cultivate children who are not only confident and creative but also compassionate and committed to making a difference in the world.